



# Companion Guide

## April 2021



FACEBOOK: [/pdpresby](https://www.facebook.com/pdpresby)

INSTAGRAM: [@pdsprouts](https://www.instagram.com/pdsprouts)

VIMEO: [/pdcommunitypresbyterian](https://www.vimeo.com/pdcommunitypresbyterian)

RYAN SCHMALL: [ryans@pdpresby.org](mailto:ryans@pdpresby.org)

# WHAT WE ARE TEACHING: Rise Up



Grab your hiking boots and pitch a tent. It's time to summit through the story of Jesus—who rose from death and gave us everything we need for our journey. This month, we're learning about how the miracle of Jesus' resurrection strengthens us and changes our relationships in the best way. Everyone will have a chance to put these ideas in their backpack to carry with them always: Jesus overcame death. Jesus connects us to each other. Jesus gives encouragement. We are stronger with Jesus.

# MEMORY VERSE: Romans 10:9

If you declare with your mouth,  
"Jesus is Lord," and believe in  
your heart that God raised him  
from the dead, you will be saved.

Romans 10:9



**IF YOU DECLARE WITH YOUR MOUTH**

(point at your mouth)

**JESUS IS LORD**

(point to the sky)

**AND BELIEVE IN YOUR HEART**

(pat your heart)

**THAT GOD RAISED HIM FROM THE DEAD**

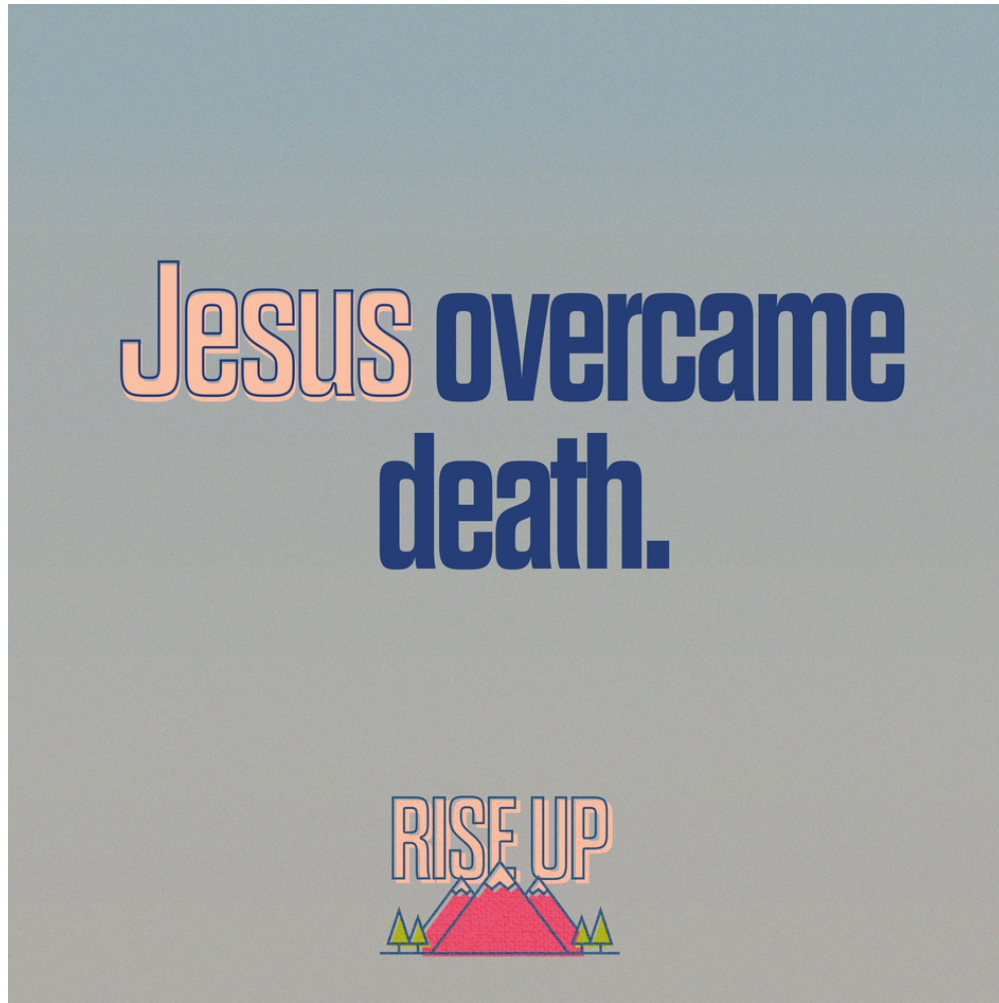
(jump with excitement)

**YOU WILL BE SAVED**

(dance with joy)



# WEEK 1: Jesus Overcame Death



## THE BIG IDEA:

Jesus Overcame Death

## THE BIBLE:

Mark 16:1-8

## ACTIVITY:

Colorful Cross

Give each kid a piece of black construction paper. Tell them to draw a large cross outline on their paper with a pencil, then go over it using white glue. Next, completely cover the glue design with salt, then shake off the excess salt. You can recycle the excess salt by pouring it back into a container that can be reused for someone else's paper. Have kids dip their paintbrush into watercolor paint and gently touch a part of their design with the brush to have the color spread. You do not have to wait for the glue to dry before painting. Encourage the kids to be gentle so as not to disturb the wet glue under the salt. Leave aside to dry.

# WEEK 1: Coloring Page

**THE BIG IDEA:** Jesus overcame death.

**THE BIBLE:** Jesus is Alive!  
Mark 16:1-8





# WEEK 2: Jesus Connects Us To Each Other

Jesus connects us  
to each other.



## THE BIG IDEA:

Jesus Connects Us To Each Other

## THE BIBLE:

John 20:19-31

## ACTIVITY:

Summit Stack

Divide the kids into two to four teams, depending on the size of your group. Create a starting line using painter's tape on the ground, where the teams can line up behind. At the other end of the room, place a long table opposite the lines. Give everyone a plastic cup. When you say, "Go," the teams run one at a time to begin making a cup "mountain," by simply re-stacking the cups upside down one on top of the other. Once one person places a cup, they must run back and tag the next person's hand. The team that stacks all their cups first wins!

# WEEK 2: Coloring Page

**THE BIG IDEA:** Jesus connects us to each other.

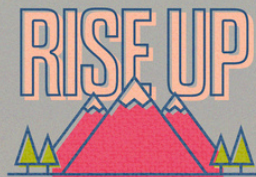
**THE BIBLE:** Jesus Appears to the Disciples: John 20:19-31





# WEEK 3: Jesus Gives Encouragement

Jesus gives  
encouragement.



## THE BIG IDEA:

Jesus Gives Encouragement

## THE BIBLE:

John 21:1-17

## ACTIVITY:

Big Idea Fish

Give each kid a blank piece of paper and coloring supplies. Have them create their own fish and cut it out. Have them write the Big Idea somewhere on the fish.

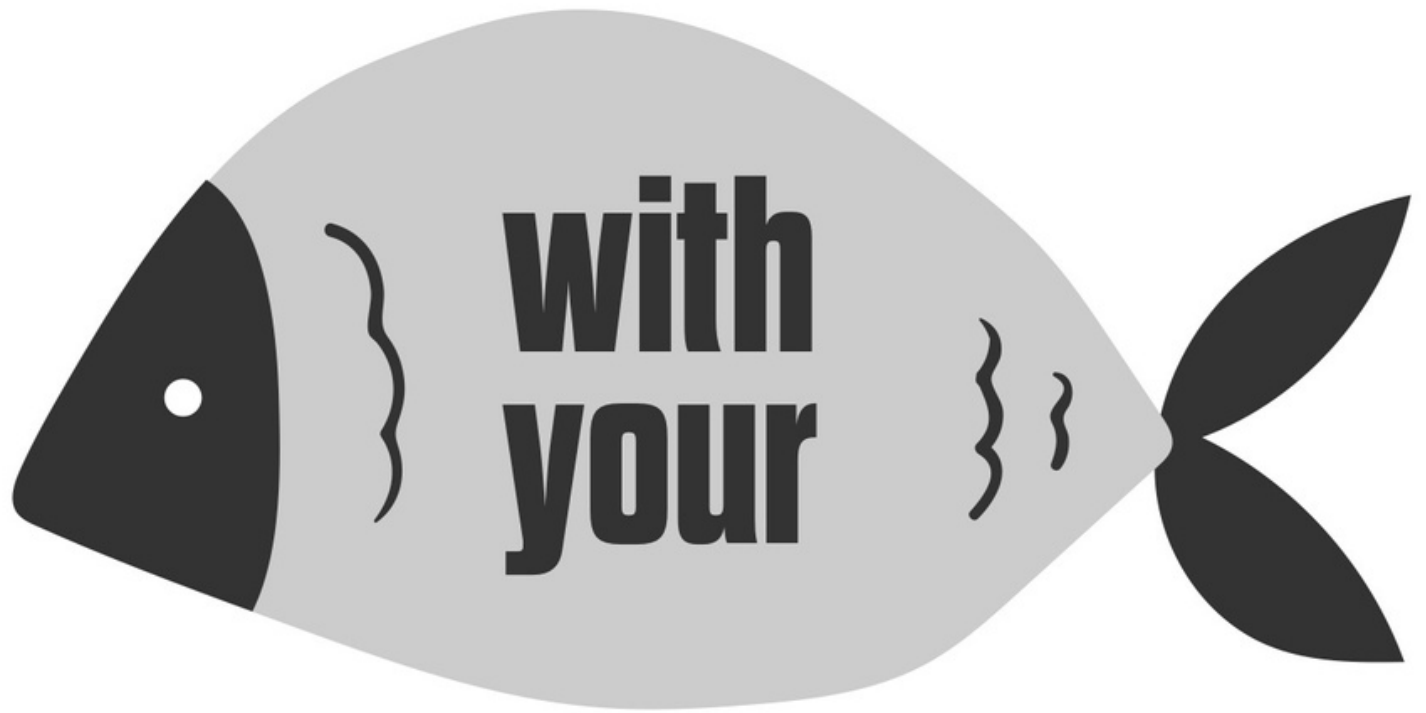
Bonus Version: Use the attached fish on the following pages to have kids memorize this month's Bible verse!



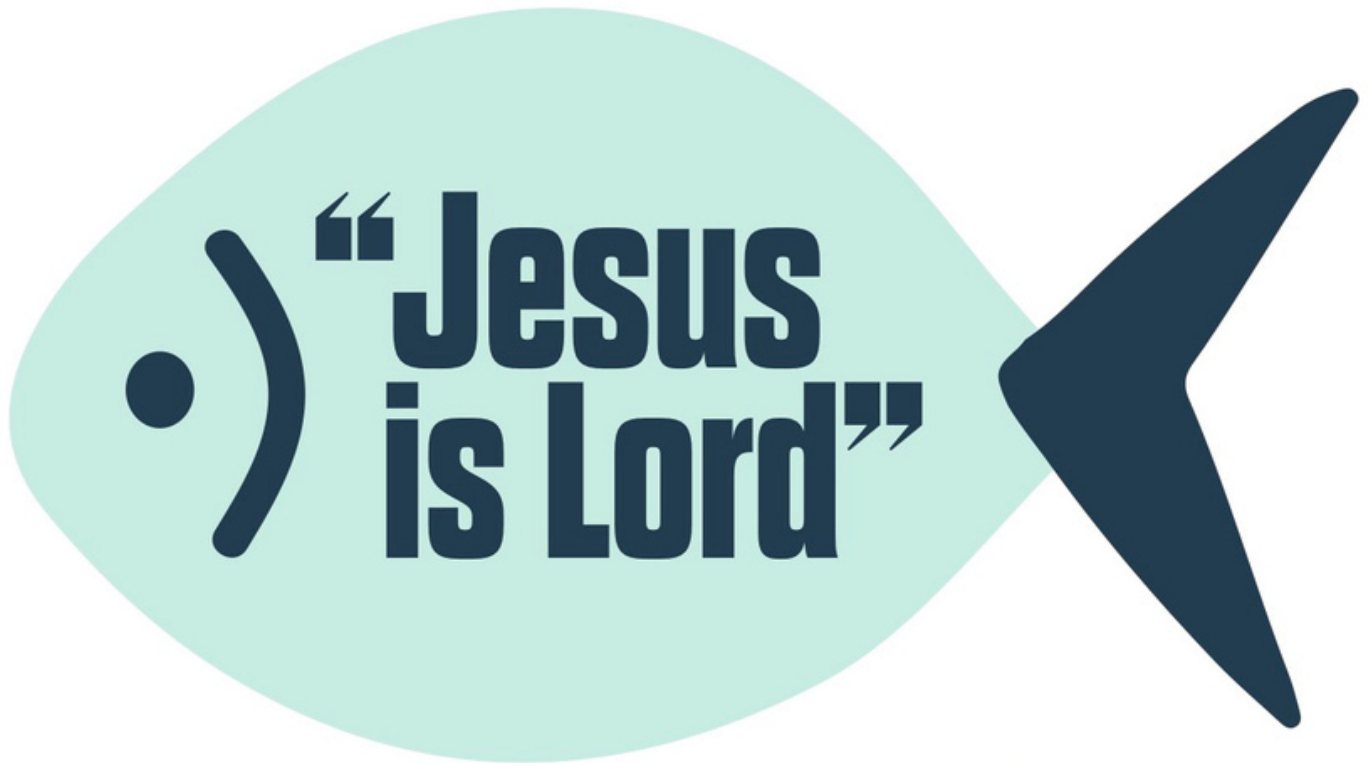
# WEEK 3: Big Idea Fish



# WEEK 3: Big Idea Fish



# WEEK 3: Big Idea Fish





# WEEK 3: Big Idea Fish



# WEEK 3: Big Idea Fish



# WEEK 3: Big Idea Fish





# WEEK 3: Coloring Page

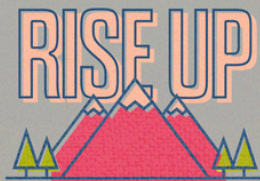
**THE BIG IDEA:** Jesus gives encouragement.

**THE BIBLE:** The Miraculous Catch of Fish:  
John 21:1-17



# WEEK 4: We Are Stronger With Jesus

We are stronger  
with Jesus.



## THE BIG IDEA:

We Are Stronger With Jesus

## THE BIBLE:

Matthew 28:18-20; Acts 1:3-11

## ACTIVITY:

You Raise Me Up

Find a giant stuffed animal that would be heavy for one preschooler to pick up on their own. Invite all of the children to try. Place the stuffed animal on an oversized towel and invite them to lift the giant stuffed animal together.



# WEEK 4: Coloring Page

**THE BIG IDEA:** We are stronger with Jesus.

**THE BIBLE:** Jesus Goes Up to Heaven:  
Matthew 28:18-20; Acts 1:3-11







Hey Families!

I am so excited that this month we'll be talking and thinking together all about how important it is for us to be following Jesus with our lives. I hope your child begins to discover the importance to this for each and every one of us!

Grace & Peace,  
Ry Ry

Ryan Schmall  
Executive Director  
GROW Family Ministries

FACEBOOK: [/pdpresby](#)  
INSTAGRAM: [@pdsprouts](#)  
VIMEO: [/pdcommunitypresbyterian](#)  
RYAN SCHMALL: [ryans@pdpresby.org](mailto:ryans@pdpresby.org)